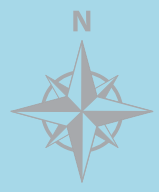


# NOOSA

# RUN SWIM RUN



### LEGEND

#### 8-13 YEARS

- 500M RUN - 1 lap
- 200M SWIM - 1 lap
- 500M RUN - 1 lap

#### 14 YEARS AND OVER

- 1500M RUN - 1 lap
- 750M SWIM - 1 lap
- 1500M RUN - 1 lap

- START
- FINISH
- BUOYS
- CHECK IN - from 5:30am
- RECOVERY
- PARKING

VENUE: Noosa Main Beach  
8-13 YEARS Start Time: 6:30am  
14 YEARS AND OVER Start Time: 7:00am